

# GRATITUDE

HEALTHY HUB



## Meal Replacement Shakes

24g Plant Based Protein | 220 calories (240z) | 9g Sugar | 3g Fiber | 15g Net Carbs

	12oz	24oz
GF Strawberry Cheesecake	\$7.00	\$12.50
GF Chocolate Peanut Butter Cup	\$7.00	\$12.50
GF Banana Bread	\$7.00	\$12.50
Mint Chip	\$7.00	\$12.50
GF Green Goddess		\$12.50

Brown Rice, Quinoa & Pea Protein

## Protein Snacks & Bowls

Frozen Shake Bowls | Coffee Crunch, \$14.50

Lemon Cranberry, Strawberry Matcha |

GF Strawberry Hot Oatmeal	\$6.50
GF Pumpkin Spice Hot Oatmeal	\$6.50
GF Banana Caramel	\$6.50
GF Chicken & Veggie Protein Soup	\$6.50
GF Gratitude Balls (2)	\$5.00

## Energy Teas

Green Tea Blend + Soothing Aloe + Collagen | 0 sugar



PomBerry Tea + B12 Booster	\$8.50
Mango Proteini + 15g Protein	\$8.50



## Protein Coffee

100 Calories | 1g -2g Sugar | 15g Protein | 80mg Caffeine

Caramel Macchiato	\$6.50
Mocha	\$6.50
House Blend	\$6.50
Salted Caramel	\$6.50

## Quenchers

Caffeine Free Hydration

Wildberry Mango \$8.50

90 calories | 15g Protein | Zero Sugar

Green Gratitude \$8.50

Superfoods Green Blend | 20 calories | 0 sugar

Citrus Cider Immunity Support \$8.50

1000+ Mg Vitamin C | Zinc | Echinacea | 0 sugar | 25 calories

## Add-ins

Fat Reducer (Non-Stimulant CLA)	\$5.00
Protein Coffee Booster	\$3.50
Probiotics	\$3.50
Immunity Essentials	\$3.50
Extra Protein	\$3.50
B-12 Booster (Pineapple, Orange, Pom)	\$3.50
Active Fiber (Apple, Unflavored)	\$3.50
Green Tea Boost (Lemon, Chai, Cinnamon)	\$2.50